Menu -3-

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Cereal,	Cereal,	Cereal,	Cereal,	Cereal,
	Toast with	Toast with	Toast with jam	Toast with	Toast with
	jam or	jam or	or marmalade	jam or	jam or
	marmalade	marmalade	Milk	marmalade	marmalade
	Milk	Milk		Milk	Milk
Mid-	Milk, Toast	Milk, Crackers	Milk, Toast	Milk, Pears,	Milk, Toast
Morning	with salami or	with Cheese	with salami or	Orange,	with cheese,
Snack	cheese	and	cheese	cheese and	And Fruits
	Fruit	Banana, Apple	cucumber,	Crackers with	
			Apple	Butter	
Lunch	Cuscus Meat	Tuna Pasta	Chicken with	Red Lines with	Fish, Mash
	Veg.	Bake	Rice	Potatoes and	Potatoes
				Carrots Soup	
Mid-	Milk, Yogurt,	Milk, Yogurt,	Milk, Pitta	Milk, Pears	Milk, Pears,
afternoon	Orange, Apple	Orange, Apple	bread,	and Cheese or	Orange
snack		And Grapes	cucumber,	salami on	Cheese, and
			Apple	Toast	Crackers with
					Butter
Tea	Beans & Pita	Mixed Fruit &	Beans & Bread	Toast with	Pita Bread,
	Bread	Yogurt		cheese or	Beans
				salami	