

Menu -2-

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast Cereal, Toast with jam or marmalade Milk	Breakfast Cereal, Toast with jam or marmalade Milk	Breakfast Cereal, Toast with jam or marmalade Milk	Breakfast Cereal, Toast with jam or marmalade Milk	Breakfast Cereal, Toast with jam or marmalade Milk
Mid-Morning Snack	Breakfast Cereal, Toast with salami or cheese Milk	Milk, Yogurt, Banana, Apple And Grapes	Milk, Pears, Orange Cheese, and Crackers with Butter	Milk, Toast with salami or cheese cucumber, Apple	Milk, Crackers with cheese, And Fruits
Lunch	Tuna Pasta Bake	Chicken with Rice	Lamb &veggies with Mashed Potatoes	Beef Minestrone	Finger Fish, Potatoes Bake & Beans
Mid-afternoon snack	Milk, Yogurt, Banana, Apple And Grapes	Milk/water Crackers with cheese and Pears	Milk, Pitta bread, cucumber, Apple	Milk, Pears and Cheese or salami on Toast	Milk, Pears, Orange Cheese, and Crackers with Butter
Tea	Banana shake	Mixed Fruit & Yogurt	Beans & Bread	Toast with cheese or salami	Veggies Soup & Pitta Bread